

ELITE TRAINING ACADEMY

Program Schedule

APPLICATION TIMELINE

FEBRUARY 19:

Application window opens

MAY 15: Application deadline

JUNE 1: Scholarship recipients notified

JUNE 1 TO AUGUST 13: Pre-program touchpoints to ensure all questions are answered and prep is on track

THE MAIN EVENT

DAY 1 August 14

- Arrive COS (*start chugging water on landing, altitude sickness is real!*)

DAY 2 August 15

- FUN outings around COS with fellow recipients and ART personnel (*we promise we're not boring!*)

DAY 3 August 16

- Full Body Seminar Day One (*the real work starts!*)

DAY 4 August 17

- Full Body Seminar Day Two

DAY 5 August 18

- Full Body Seminar Day Three
- Laidback Dinner with ART's Provider Relations Team

DAY 6 August 19

- Full Body Seminar Day Four

DAY 7 August 20

- Full Body Seminar Day Five
- Dinner with Dr. Leahy (*fancy!*)

DAY 8 August 21

- Full Body Seminar Day Six

DAY 9 August 22

- Full Body Seminar Day Seven (*phew!*)
- Post-seminar Happy Hour with ART personnel (*if you still like us!*)

DAY 10 August 23

- Depart COS

AUGUST 23 AND BEYOND

- Continuing touchpoints and support from ART personnel (*we couldn't quit you!*)